

# Relax with 90-day supplies.\*



Meet Kyle and Nick – two Express Scripts members who take medications on a daily basis. But there's one big difference...



## Kyle

gets 90-day supplies of his long-term medication through home delivery or from a network pharmacy.

That's why Kyle gets to ...



## Nick

gets his prescriptions filled ... every ... single ... month.

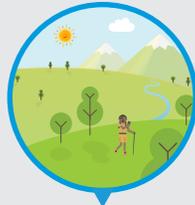
That's why Nick gets to ...



... keep on track with his medicine which helps him stay healthier!



... kick back by the pool instead of making that monthly pharmacy trip!



... take long hikes without worrying that his medicine will run out!



... grab dinner with friends with all the money he's saving!



... spend his time at film festivals and not pharmacy counters!



... and focus on other fun hobbies instead of annoying errands!



... miss a dose because he forgot this month's refill!



... make time in his schedule to drive to the pharmacy month after month!



... wait in line over and over again!



... possibly pay more than he needs to for his medicine!

### The bottom line:

Be like Kyle – order 90-day supplies of your long-term medication through home delivery or go online to find a participating retail pharmacy!

### Here's how your plan works:

1 You have two 30-day fills at any network pharmacy.

2 Then move to a 90-day supply at an approved pharmacy or through home delivery.

 Make sure to switch or you might pay full cost for your prescription!

Find out if you could save money by switching to 90-day supplies by logging on to [express-scripts.com](https://www.express-scripts.com)  
And learn more about how to be like Kyle at [express-scripts.com/KyleAndNick](https://www.express-scripts.com/KyleAndNick)

\*Relaxation levels may vary.